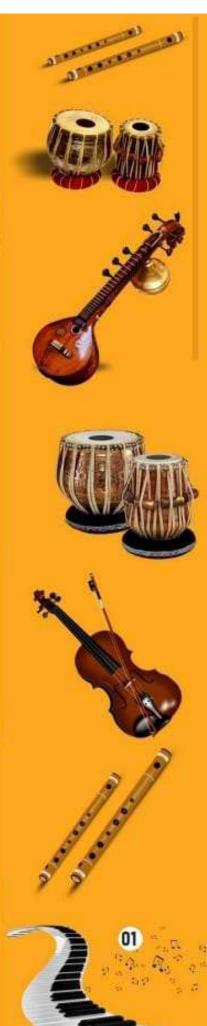
### PROPOSAL







# Item for case study

Raaga Therapy Concert

- Patient Details
- Pulse
- Cardiac Information
- Five Elements
- Tridosha

- Food Suggestions
- Body Wellness
- Thought Patterns
- Reflexology Point
- Seed Therapy
- Case Study Analysis of Tridosha



# MUSIC THERAPY

Music therapy is such a therapy, which apart from curing your diseases, also has a great effect on your body and the seven chakras. Provides you a healthy body and an active mind.

SI



## Music Therapy Program

- 1) Patient details case study before music therapy
- 2) Focus to sound vibration of chakra
- Teaching how to practice at home.
- 4) Musical concert by Musical team.
- 5) After music therapy Patient case study.



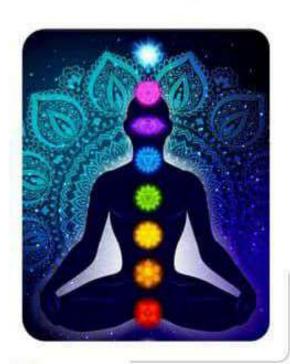
Music therapy gives you inner peace and good health



Music therapy is such a therapy, which apart from curing your diseases, also has a great effect on your body and the seven chakras. Provides you a healthy body and an active mind.

# Music & Mind

There are evidences to suggest that listening to music can result in transient improvement in spatial temporal reasoning performance. Although this effect has been studied using Dhrupad music and few other compositions. The characteristics of these music has been used to produce this neutral enhancement.



- Overcome Stress
- Overcome Depression
- Overcome Anxiety
- Overcome Sleeplessness
- Overcome Pain
- Overcome Migraine
- Overcome Hypertension

### Items

Chakra Meditation, Upasana, Vipasana, Nidhidhyas,

Mantra Therapy, Raga Therapy, Bhajan, Kirtan, Dhrupad

Music therapy is such a therapy, which apart from curing your diseases, also has a great effect on your body and the seven chakras. Provides you a healthy body and an active mind.

#### ACCEPTED HERE

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